

Sarah Bourdeau

Westford, MA | Biddeford, ME | sarahcarol112@gmail.com | (781) 491-7033

Education

University of New England, Biddeford, ME
Bachelor of Science in *Middle/Secondary Education*

Expected Graduation: May 2026

English Concentration

Minor in *Writing*

GPA: 3.99

Teacher Certification 100 Maine State Certification

Anticipated: May 2026

Relevant Coursework

Trauma Responsive Education
Curriculum, Instruction, and Assessment
21st Century Technology in the Classroom
Introduction to Special Education
Controversial Topics in Education
Teaching Secondary English
K-8 Writing Methods

Introduction to Literary Theory and Criticism
Women in Literature
Creative Writing: Short Fiction
Creative Writing: Nonfiction
Reimagining U.S. Literature
Shakespeare

Teaching and Fieldwork Experience

Student Teaching, Biddeford High School, Biddeford, ME

August 2025 – Present

- Supported continuation of student learning by facilitating activities in tenth and twelfth grade English.
- Co-facilitated the delivery of classroom instruction coinciding with appropriate standards and differentiating both instruction and assignments.
- Maintained classroom rules, routines, and procedures while implementing classroom management strategies.

Instructional Intern, The Telling Room, Portland, ME

January 2025 – July 2025

- Exercised classroom management techniques to foster positive learning environments conducive to all learners.
- Implemented curriculum for reading and writing workshops in elementary, middle, and high schools
- Collaborated with teaching artists to provide quality learning experiences for students while acting with professionalism.
- Supported students in building confidence with their writing with one-on-one guidance and communication.

Writing Fellow, UNE Writing Fellows Program, Biddeford, ME

August 2024 – May 2025

- Supported English Composition students in developing college-level writing skills through one-on-one instruction, and feedback.
- Demonstrated dependability and flexibility with students and teachers to assist with classroom needs.
- Helped students build confidence in their capabilities as readers and writers beyond K-12.

Conferences and Professional Development

Maine Association for Middle Level Education Conference, Waterville, ME

October 10, 2025

National Council of English Teachers: Heart, Hope, and Humanity Conference, Boston, MA

November 23, 2024

Related Youth Engagement Experience

Challenge Day, Biddeford High School, Biddeford, ME

October 22, 2025

Substitute Teacher, Westford Public Schools, Westford, MA

December 2023 – June 2024

Boating Specialist, Lifeguard, Teamworks Adventure Camp, Westford, MA

June 2021 – August 2023