

Faith Santiago

Professor Miller

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Whether we like it or not, technology is all around us. Going through my morning routine, I can count many ways that technology has embedded itself as an essential part that I cannot function without. I wake up to my phone alarm, start playing music from my speaker, use my electric toothbrush, and take my computer off the charger as I pack my bag to go to class. As the years have gone by, this incessant use of technology has only deepened. Technology can now be used to perform essentially any task we can think of. In discussion about these impacts of technology, there are older generations who take the glaringly negative view that increased technology use only causes deficit in necessary human functions like empathy, such as Sherry Turkle, a social science professor at MIT in her essay titled, "The Empathy Diaries." Conversely, there are those who take a more complicated stance on technology, like English composition students at the University of New England Kaia Anderson and Nicholas Kachmarik. All of these essays approach the dilemma of the impacts of technology in differing ways, and what the future looks like for those of us who are so reliant on it. Overall, I believe that technological reliance is