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English 110

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We haven't lost the ability to communicate, if anything we have gotten better at connecting and communicating with one another. Right? In this modern era of technology, it feels as though we are more connected to each other than ever before, or so we think. The fact is, with the rise in modern technology we have only strayed further from others and ourselves. By connecting through our phones many people have developed a reliance on them to continue making connections and communicating without requiring any in-person interaction, this is where we are drifting apart. While yes, our connections and communication with others are still strong it's almost all online, in-person interactions were simply replaced by online interactions. Author Sherry Turkle, a professor of social studies at MIT, addresses humanity's loss of communication and connection in her book, *The Empathy Diaries*. A similar issue is brought up and talked about in

James Terault

Technology as a whole has come a long way from its origins. Starting off as just a new way for researchers and scientists to compute large equations, modern technology (computers, phones, etc.) has exploded into a million different outlets of communication, creativity, and community. I

myself have quite the tie with technology, as in this day and age, it is nearly impossible to do anything without the assistance of technology, like applying for college. However, that's not to say that technology is a golden bastion of all of humanity. It, too, is as flawed as its creators. It creates a sense of not needing to understand material, with information more important than truly understanding and looking into the context of certain events, facts, etc. Why learn it when you can just google it? There's also this idea of the internet being this wild space, a place that laws can't quite reach. This comes with both downsides and certain freedoms other mediums can't afford.

Kaia Anderson

Helping the Addict: A Call To Action

"Its those damn phones". I've heard this phrase uttered as the blanket scapegoat of my generation's every move on too many times. This statement tends to be followed by the relentless commentary that kids my age don't know how to navigate the world and do things for themselves. The presence of technology has had negative effects on behavior, especially when it comes to attention span and engaging with others. However, these behavioral changes seem to be an adaptation to a constantly evolving technological world that prioritizes efficiency and speed over focus and in-person communication. In addition, in order to solve this issue, the help of older generations is crucial.